

Dream Interpretation

By

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Where: Fraternal Spiritualist Church
4720 Kensington Drive
San Diego, CA 92116
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When: Sundays, April 8th and 15th, 2018
(1:00 – 4:00 PM)

Class Title: **Dream Interpretation**

Purpose of these 2 Classes: Acquaint the student with various psychological theories and techniques on dream analysis so they can facilitate their own dream interpretations. Explore the early history of dreams and their importance in ancient cultures. Some examples of dream interpretation will be covered from both the Old and New Testaments.

Several different schools of psychology incorporate the therapeutic use of dream interpretation and these techniques will be discussed and will serve as a basis for dream interpretation in these classes. By utilizing a spiritual foundation and these different psychological techniques, the student will begin to gain insight and have a deeper understanding of their dreams.

Each participant is asked to start a dream journal and bring a written dream to each class with the possibility of sharing it with everyone. The goal is to teach the student how to use the different psychological techniques to interpret their dreams on their own.

The structure of these classes is both lecture and experiential. Due to time constraints, not all students will be able to share and have their dreams interpreted.

Cost is \$30.00 per class